

Activity Calendar - May 2024

The Director's Corner





Happy May to all our Mozaic Adult Day Members! First, don't miss a special Mother's Day performance by Carl Lindquist on Friday, May 10th. This event is made possible by the generous donations we received through a fund in loving honor of a former Adult Day member Edmund McCarthy.

Finally, we are happy to announce that the patio tables and umbrellas are officially set up and we look forward to utilizing the patio for many outdoor activities in the coming months!







Caregiver Meetings

This month the caregiver support meetings will take place on May 21st (virtual) and May 15th in-person. *RVSP's are appreciated though not required to attend.*

To obtain the virtual link or for more information, contact Tiffany Colucci, MS, PC, NCC Eldercare Navigator at 203-396-1066 or tcolucci@mozaicsl.org

Monday	Tuesday	Wednesday	Thursday	Friday
		1 10:00am Exercise 10:30am Table games/Art 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments	2 10:00am Exercise 10:30am Facts or Fiction 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Bottom's Up 2:30pm Refreshments	3 10:00am Exercise 10:30am Entertainment w/ John Valerio Lunch 1:00pm Stretches 1:30pm Cinco De Mayo Celebration 2:30pm Refreshments 
6 10:00am Exercise 10:30am Trivia Pursuit 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments	7 10:00am Exercise 10:30am Bulls Eye 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Celebrity Faces 2:30pm Refreshments	8 10:00am Exercise 10:30am Follow the Lyrics 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments	9 10:00am Fairfield Garden Club Visits 10:30am Hangman 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Bean Bag Toss 2:30pm Refreshments	10 10:00am Exercise 10:30am Rummikub/Dominoes Lunch 1:00pm Exercise 1:30pm Mother's Day Celebration w/ Carl Lindquist 2:30pm Refreshments 
Crazy Sock Day 13 10:00am Exercise 10:30am Family Feud 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments	Favorite Sports Team Day 14 10:00am Exercise 10:30am Jeopardy/Men's group Lunch 1:00pm Stretches 1:30pm Bottom's Up 2:30pm Refreshments 3:00pm: Caregiver Support Group (Virtual)	Crazy Hat Day 15 10:00am Exercise 10:30am Wordle/Men's Group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments 3:00pm: Caregiver Support Group (In-Person)	Favorite Band or Musician Day 16 10:00am Exercise 10:30am Scattergories 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Bowling 2:30pm Refreshments	Wear Purple Day 17 10:00am Exercise 10:30am Entertainment w/ Roger Young (Piano) Lunch 1:00pm Stretches 1:30pm Table Games/Puzzles 2:30pm Refreshments
20 10:00am Exercise 10:30am Let's Sing and Dance 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments	21 10:00am Exercise 10:30am Scrambled Words 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Ring Toss 2:30pm Refreshments	22 10:00am Exercise 10:30am Music Trivia 10:30am Table games/ Art 10:30am Men's Group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments	23 10:00am Exercise 10:30am You Be the Judge 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Sing Along 2:30pm Refreshments	24 10:00am Dear Abby 10:30am Chair Yoga w/ Doris 10:30am Memorial Day BBQ 1:00pm Stretches 1:30pm Games/Art 2:30pm Refreshments
CENTER CLOSED 27 	28 10:00am Exercise 10:30am True or False 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments	29 10:00am Train of Thought 10:30am Chair Yoga w/ Doris 10:30am Men's group Lunch/ Out Trip 1:00pm Stretches 1:30pm Bean Bag Toss 2:30pm Refreshments	30 10:00am Exercise 10:30am Word Tease-Misconception 10:30am Men's group Lunch 1:00pm Stretches 1:30pm Bingo 2:30pm Refreshments	31 10:00am Exercise 10:30am Guess In 10 10:30am Men's group Lunch 1:00pm Would You Rather 1:30pm Tai Chi w/ Jonathon 2:30pm Refreshments

Lunch Menu - May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		POTATO LEEK SOUP HAWAIIAN CHICKEN BAKED BEANS COLESLAW CAMEL BROWNIE	PASTA FAGIOLI SOUP CHICKEN PARMESAN GARLIC ORZO RATATOUILLE CHOCOLATE CREAM PIE	QUINOA VEGETABLE SOUP BAKED ZITI WITH MEAT SAUCE GARLIC ITALIAN BEANS ITALIAN BREAD VANILLA CAKE W/CHOC ICING
ESCAROLE & BEAN SOUP VEGETABLE LASAGNA BAKED YAM GARLIC BREAD GARLIC BROCCOLI MINT BROWNIES	BEEF ORZO SOUP OPEN FACE TURKEY SANDWICH MASHED POTATOES COLLARD GREENS BANANA CREAM PIE	 PIZZA DAY  CHEESE PIZZA GARDEN SALAD TURKEY & WILD RICE SOUP TAPIOCA PUDDING	WISCONSIN CHEESE SOUP TERYAKI CHICKEN MASHED POTATOES THAI STYLE VEGETABLE SALAD CINNAMON ROLL APPLE PIE	TURKEY NOODLE SOUP COUNTRY FRIED CHICKEN CUTLET POTATOES O'BRIEN CALIFORNIA BLEND VEGGIES CARROT CAKE CUPCAKE W/CREAM CHEESE FROSTING
ITALIAN WEDDING SOUP EGGPLANT ROLLATINI RICE PILAF BROCCOLI PINEAPPLE UPSIDE DOWN CAKE	BEEF BARLEY SOUP ROAST TURKEY W/GRAVY CLASSIC STUFFING ROASTED BRUSSEL SPROUTS CHOCOLATE PUDDING	POTATO LEEK SOUP PATTY MELT ON RYE SWEET POTATO WEDGES BAKED BEANS PEACH CRISP	BUTTERNUT SQUASH SOUP SPAGHETTI & MEATBALLS ROASTED VEGETABLE MEDLEY GARLIC BREAD CHOCOLATE CREAM PIE	CREAM OF BROCCOLI SOUP HAWAIIAN CHICKEN COCONUT RICE SAUTEED RATATOUILLE CHERRY COBBLER
GINGER CARROT SOUP GENERAL TSO CHICKEN FRIED RICE/EGG ROLL JAPANESE BLEND VEGGIES PEACHES	WISCONSIN CHEESE SOUP MEATLOAF W/GRAVY MASHED POTATOES BROCCOLI DINNER ROLL BLUEBERRY COBBLER	POTATO LEEK SOUP HAMBURGER ON A BUN FRENCH FRIES BAKED BEANS CHOCOLATE CAKE	CHICKEN & RICE SOUP HERB ROASTED TURKEY W/ GRAVY GREEN BEAN CASSEROLE QUINOA FRUIT STUFFING APPLE PIE	MEMORIAL DAY BBQ MINISTRONE SOUP HAMBURGERS & HOTDOGS W/LETTUCE & TOMATO FRENCH FRIES PUMPKIN CHEESECAKE 
MEMORIAL DAY  CENTER CLOSED	ITALIAN WEDDING SOUP STUFFED PEPPERS TOASTED ORZO CREAMED SPINACH AMBROSIA SALAD	POTATO LEEK SOUP HAWAIIAN CHICKEN BAKED BEANS COLESLAW CAMEL BROWNIE	PASTA FAGIOLI SOUP CHICKEN PARMESAN GARLIC ORZO RATATOUILLE CHOCOLATE CREAM PIE	QUINOA VEGETABLE SOUP BAKED ZITI WITH MEAT SAUCE GARLIC ITALIAN BEANS ITALIAN BREAD VANILLA CAKE W/CHOC ICING

ALL MEALS MEET UNITED STATES DEPT OF AGRICULTURE NUTRITIONAL REQUIREMENTS. BREAKFAST OPTIONS: 1% MILK, COFFEE/TEA, JUICE, TOAST (MARGARINE, JELLY, PEANUT BUTTER), OATMEAL, CEREAL, YOGURT, FRUIT. SNACK VARIES, MAY INCLUDE: 1% MILK, CHEESE STICKS, GRAHAM OR ANIMAL CRACKERS, YOGURT, APPLESAUCE, FRUIT, ASSORTED DESSERTS. SPECIAL MENUS CAN BE ARRANGED TO ACCOMMODATE SPECIAL MEDICAL NEEDS; GLATT KOSHER AVAILABLE UPON REQUEST.